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**The Young Icons** Episode #1117

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Participants: Leo Howard – Martial Artist/Actor

Aviva and Tovah Zafrin - Gymnasts

Michael Zhang - Comedian

Brittany & Brianna Winner - Authors

## General Synopsis for Episode #1117

In this episode, each guest shares their personal stories of what motivated them to take on their passion and/or focus to achieve their goals and become role models. Leo Howard's love for the martial arts and acting helped him land a role on the Disney's Channel 'Kickin iT' sitcom. He impressed the executive producer by his physical abilities and acting skills. Leo is an example that with love and determination, you can go far. Sisters Aviva and Tovah Zafrin are talented gymnasts who have used gymnastics to overcome challenges through discipline, hard work and spirit. Aviva deals with a medical condition called Chiari and Tovah has tackled her shyness. They are also developing their talent for singing, dancing and playing the piano. Both girls have set goals to achieve when they grow up. A subscription to Entertainment Magazine inspired Michael Zhang to become an entertainer. He refers to his parents as role models who worked hard to learn English when they moved from China. He states that if you want to do something, push yourself. Sixteen-year-old identical twins Brittany and Brianna Winner are the authors of Strand Prophecy the first book in a sci-fi series. Influenced by their father, the girls started writing in 4th grade. They have started a non-profit called Motivate 2 Learn to promote literacy and inspire other kids to read, write and overcome obstacles. Their advice to other kids, 'write what you love because you enjoy it' and 'if you can dream it, you can write it'.

## Observation and Conclusion

In episode #1117, young adults are introduced to talented and motivated icons that share their challenges and journeys to pursue their goals and passion. This episode of <u>The Young Icons</u> delivers an educational and informational message that supports current social, intellectual and emotional aspects of children ages 13 and up. Attributes and advice emphasized by guests instill a grounded balance of priorities, commitment, and perseverance children can apply to their lives.

Sincerely,

Barbara J. Pierce, MA Ed.

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**Educational Consultant**