

5133 E. Kathleen Road, Scottsdale, Arizona 85254 · phone 602-320-1622

The American Athlete

Episode #2418

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Participants: Pete Sampras – Tennis Legend

Marcus Allen – NFL Legend Sam Cassell – NBA Legend

General Synopsis for Episode #2418

In this episode of 'Legends', committed and talented 'American Athletes' share their personal side of their journey seeking a professional career to reaching their goals and beyond. Host Byron Allen's insightful questions open up each athlete to respond with applicable advice for fans to follow. Tennis legend Pete Sampras knew he could 'hold his own' playing tennis at the age of 14 and went pro at the age of 16. He had his first major tournament win at the US Open in New York at the age of 19. He sets goals by working hard, looking at what he needs to do to stay on top and win major tournaments. His advice for the young viewers is to work hard, achieve something positive in your life, be a good person and enjoy your family, family is important. NFL legend Marcus Allen was a Heisman Trophy winner, NFL Running Back, Super Bowl Champion and an MVP during his football playing career. He shares his greatest honor was the journey, the people he met along the way, the games he played in, the people he touched and the impact he had on the team. He now works in television interviewing football players which is easy since he had played the game and knows how to relate to them. NBA legend Sam Cassell started playing basketball at the age of 7, loving the excitement and the comradery. He knew he wanted to be successful in basketball, so he stayed out of trouble. He realized in junior college he would be able to play pro ball, he just needed the opportunity, and he was not going to let himself down. He sets team goals of getting the team into the playoffs.

Observation and Conclusion

The American Athlete episode #2418 trivia questions between each segment challenge young viewers to research and learn sports facts. Each participant encourages young viewers to pursue their passion and focus by overcoming obstacles, displaying athlete virtues of diligence, perseverance, the value of training and sportsmanship. **Sam Cassell** tells the viewers, "you got a dream, live it up and don't let anyone tell you can't accomplish it." This episode inspires, educates, informs and empowers children 13 years of age and up.

Sincerely,

Barbara J. Pierce, MA Ed.

Boulouf Pierce

Educational Consultant